

## The 8<sup>th</sup> Graders Go on an Adventure!!

by Gabrielle Johnson

The 8<sup>th</sup> grade project is for the 8<sup>th</sup> graders to find what country they want to go to. For instance, my group, which consists of Terriona and Destiny, decided to go to Paris, France. We are picking out our dream destination where we have unlimited money. We can learn a lot from these places that we go to. For example, some places speak in a different language and have a different culture. Now when we go to these places, we must do our history and read up on them.

What I mean by research is, if you want to go to a restaurant, you read about what they have to offer. Their food is not like ours and where we come from, but it is great to try new things and you might like the food they serve. Just like America is known for its history, its film industry, its music industry and its dozens of unique and historic monuments, the places that we choose has its history too. Paris, France is known for the Eiffel Tower. It is amazing and cool to do the history on what these places are known for and what their culture is.



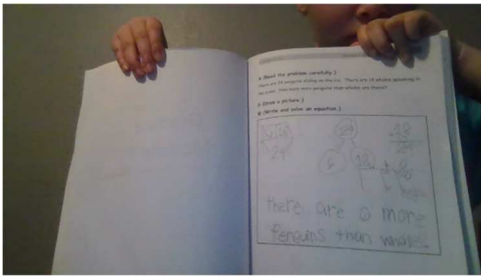
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## Reading, Writing & 'Rithmitic

### AND YOU THINK THAT GIRLS DON'T LIKE MATH!

Check out Gloriya Jones's Flipgrid video to see how she solved a math word problem.



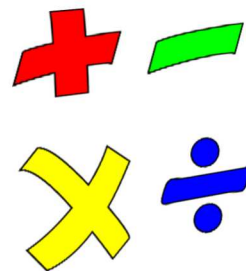
[Solving a math word problem](#)

Check out this Flipgrid!

flipgrid.com

# MATH ROCKS

Guest Password: Stimuli7



## March Musical Minute

[Companion Video \(control-click here\)](#)

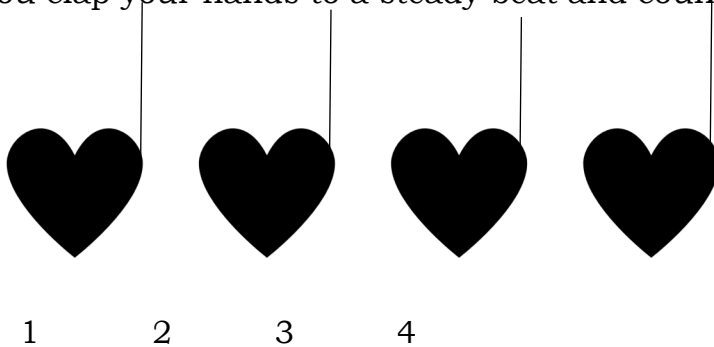
<https://web.microsoftstream.com/video/38057e2b-1481-4a5c-abb3-5dd8db8d2f48>

How to read...MUSIC!!

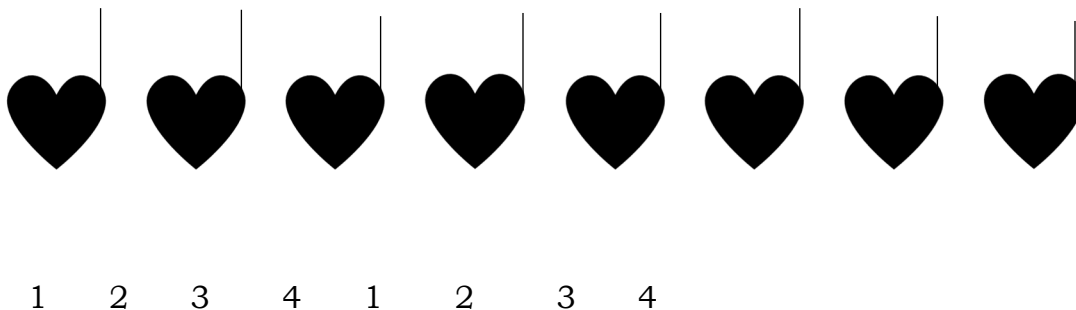
Did you know musicians learn how to read and write music the way Pulaski scholars learn how to read and write words? We use a collection of symbols to write down our music and read the music of others!

By the end of this post you will: write your name in musical notation!

First, think of something very steady like a clock ticking or a heartbeat. Can you clap your hands to a steady beat and count to four?

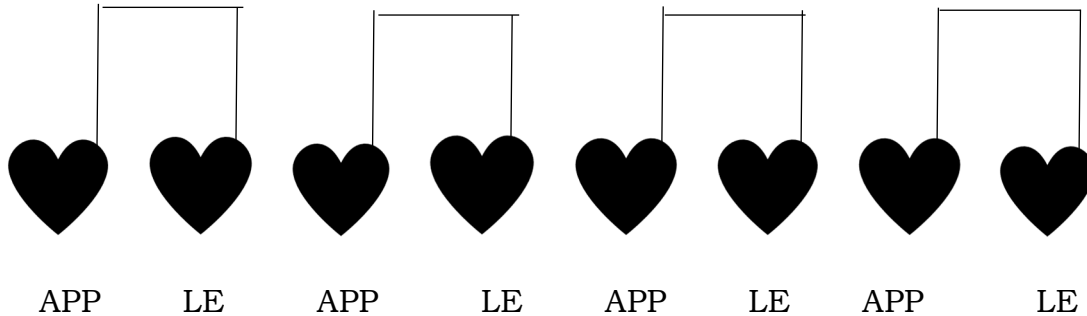


Great job! Now, keep the pattern going and keep your pulse *steady* like the clock or heart! It is not a race to the end. 😊



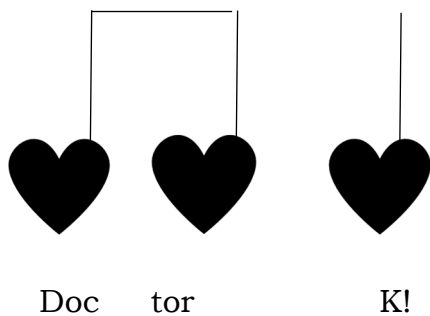
How did you do? See how many times you can count to four with a steady pulse.

Sometimes we want our music to go faster than those big beats, so we connect the hearts with a line to show we want to hear two sounds. Say this word out loud with your steady pulse: APPLE. How many syllables? Two! Two sounds! Try clapping while you speak:



Great job! Remember that steady pulse. We know a single heart is ONE sound (or syllable) and the connected hearts are TWO sounds (or syllables). Let's use the musical symbols to write your name.

Example: Doctor K (doc - tor + kay = 3 syllables) My name has 3 syllables, so I need a pair of connected hearts plus a single heart.



Step 1: Find out how many syllables are in your first name. Write down that number.

Step 2: Break down your number into an addition statement using only 1s and 2s. If you have....

5 syllables:  $1 + 1 + 2 + 1 = 5$     **OR**     $2 + 2 + 1 = 5$

4 syllables:  $1 + 1 + 1 + 1 = 4$     **OR**     $2 + 2 = 4$

3 syllables:  $1 + 1 + 1 = 3$     **OR**     $2 + 1 = 3$

# *Pulaski Post*

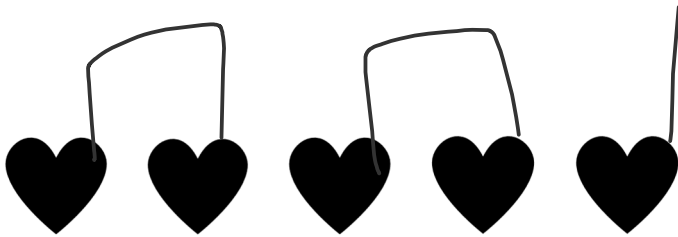
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2 syllables:  $1 + 1 = 2$  **OR**  $2 = 2$

1 syllable:  $1 = 1$

Step 3: Replace your number with the correct musical symbol. If you have...

$2 + 2 + 1 = 5$  (Principal Smith-Dean)



Prin      ci      pal      Smith      Dean

Step 4. Write down your name in music! Send a picture of it to Ms. Muhammad or Dr. Koziatek on Teams to be featured in next month's MUSIC feature!





## Counselors Corner

Ms. Amy Kuzniar, Pulaski School Counselor  
Happy March Pulaski Panthers!

### **Expect Respect March 2021:**

**Core Value: Integrity**

**Character Trait: Honesty**



Videos focused on our core value and character trait daily are presented at the Morning Meeting hosted by Principal Smith-Dean. The videos are chosen to focus on aspects of the character trait or relating concepts. The videos also highlight global, national, or local events, notable people, or important issues. Pulaski celebrated *National Reading Month* with daily themes and instituting *D.E.A.R Time* on Friday mornings, *National Women's Month* and will hold a special *Social Emotional Awareness Day* event on March 26! Feel free to send me any videos that you have been inspired by. In classes we have discussed honesty, academic integrity, and identified "honesty and integrity role models" in our lives. Up next month: Compassion.



### **Career Cruising for 7<sup>th</sup> and 8<sup>th</sup> Graders**

Students will be utilizing *Career Cruising* to establish personal interests and gather information to better explore their plans, hopes, and dreams for the future. Time in classes (F2F and Virtual) will be offered, but it is mainly self-guided based on their unique interests. It is a great way to explore college, career, and industry based information at your fingertips!



### Ella Her, Grade 1

**Pulaski Student of the Month  
March 2021**

***What is your favorite subject in school?***

My favorite subject is music because it is fun.

***What have you learned about yourself during the pandemic?***

I learned that I can always be nice.

***What is the first thing you want to do when the pandemic is over?***

Have a happy life. I want to spend time with family I couldn't see during the pandemic. I want to have fun.

A yellow starburst graphic with a black outline, containing the text "Congratulations Ella!" in red.

**Congratulations  
Ella!**



## Word

Amanda Gorman



By Lauren Hunter

Amanda Gorman is an African American writer and speaker. She accomplished a lot of wonderful things in her life, including the first-ever National Youth Poet Laureate. In this article, you will read about Amanda Gorman and the wonderful things she has accomplished.

Amanda Gorman was raised by her mother who was the only parent. Amanda has a twin sister, Gabriella, who is currently an activist and filmmaker. Amanda went to school at New Roads School. This is where she started to try and accomplish her dreams. Amanda made plenty of poems, such as “The Hill We Climbed” and others. On January 20<sup>th</sup>, 2021, Amanda Gorman spoke at the capitol.

She performed this poem, her very own poem, when President Biden was getting sworn in.

To sum up everything I have said above, you all now know about Amanda Gorman and what she has done in her life. Thank you for reading my article.





## Unemployment

by Randel Riley

Unemployment is when someone has no job.

The adults around the world need a job. It is happening all over the world.

This is happening because of the corona virus.



Businesses are shutting down so adults cannot get a job. To solve this, keep wearing a mask.

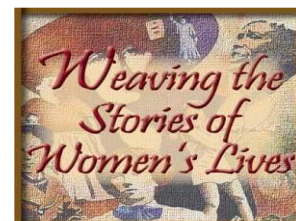
Stay 6 feet from each other. Help our adults get a job so you can get things you need, like food and water.



## Always Honor Those That Paved the Way



**Celebrate**



## Women's History Month

**ONLINE LEARNING ON  
SCHOLOGY**

BY JAYLA BEAL

**SEE WHAT YOU CAN FIND**

**Click on the link.**

**Password: 3eb5361b**

[Musical Scavenger Hunt](#)

Check out this Flipgrid!

flipgrid.com



Scavenger  
---  Hunt

LETTER FROM THE EDITOR

# *Pulaski Post*

March 17, 2021  
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by W. Muhammad

Congratulations Pulaski Scholars!!

You have completed 1 year of online learning! Cyberspace has gained new members of its society that are intelligent, perseverant, and hardworking.

Because of all that you do, you deserve to also take time to have fun! During March, National Reading Month, I have been recalling fun activities I have seen children play when they were looking for something to do.

Here are a few suggestions:

- puzzles
- watching your favorite TV show with English subtitles on
- making cookies/cake/brownies
- Flocabulary
- doing a skit or play
- Dominos
- interviewing one of your friends or peers
- Fishbowl
- Concentration



The next time you find yourself with some extra time on your hands, take a break, relax your body and mind, and have some fun!!

## **Social & Science Connection**



## **Biodiversity in the Rainforest**

**by Lauren Triplett, Da’Vontae Cheatham, and Candace Goss  
(small group discussion)**

**Discussion Prompt:** *What did you learn about the rainforest?*

**Lauren:** I learned that scientists study about plants, animals, different kinds of bugs. Scientist also discovered trees and their leaves.

**Da’Vonta:** I learned that the rainforest is an animal home. That is how they eat and if we cut down the trees, the animals will not know where to live and find food.

**Candace:** I learned that the rainforest is full of different types of creatures, types of animals and species. Some of them might be poisonous and have different types of skin. It has a big crown and a crown of shyness.

**Discussion Prompt:** *What did you find to be most important about the rainforest?*

**Lauren:** What I found to be most important is the trees because trees the animals need trees for water and homes.

**Da’Vonta:** Scientists study the rainforest to learn about everything inside of it. This includes animals, plants, insects, trees, and other species.

**Candace:** I found that you should never chop down trees. They are important and the animals, insects, and bugs need trees—and we do too—for oxygen

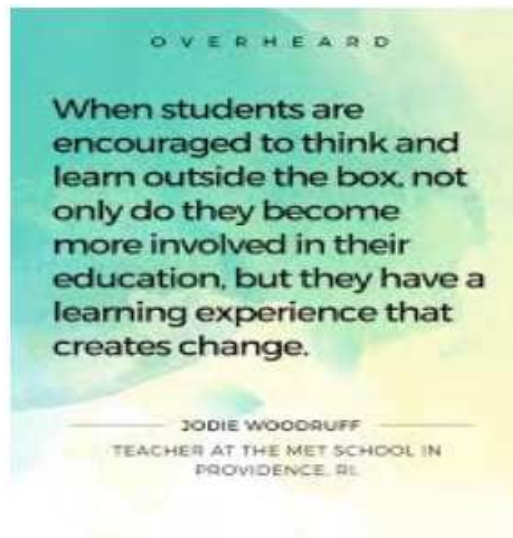


## PRINCIPAL PERSPECTIVE

This year has been unprecedented with Covid 19 infections soaring to over 500,000 cases, school's closing, partially reopening, businesses being shuttered, and our normalcy altered. A question we must continue to ask ourselves, *What about our Pulaski Scholars?* Many of our students are confused, worried, frustrated and anxious. As adults, we must support our scholars in new and unique ways. We may have to put our planned instruction "on hold" to address our scholars mental health and wellness. Some universal strategies we all can implement are:

1. Allow scholars to express their feelings and emotions
2. Provide ample opportunities for scholars to engage in non-academic or social tasks
3. Be empathetic and understanding
4. Share personal feelings and concerns with scholars
5. Listen intently to all concerns
6. Be a "Safe Place" for them to confide
7. Check-In (email, call or text)

It is our mission at Pulaski to ensure all scholars have a **VOICE**. Scholars we are here; we want to hear you loud and clear.





## CREDITS

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