# Life Advisor

**EMPLOYEE ASSISTANCE PROGRAM** 

## Struggling with Addiction?

Shopping · Video Game · Binge Eating · Risky Behaviors Internet · Gambling · Pornography · Plastic Surgery · Television Caffeine · Alcohol · Sex · Excessive Exercise · Marijuana · Drugs

# THEREIS A BRGFIER PAIF

## Counseling

Strictly confidential, and at no cost to you

### Family Support

Counseling and Crisis Intervention for the whole family

#### Needs Consultation

Meeting you where you're at, assessing your needs for success

#### Work-Life Resources

Mailed directly to your home as part of your recovery program





800.448.8326



